

# Dr. Germán Newall

ACPS  
The Aesthetic Center for Plastic Surgery



## Dr. Newall in the Spotlight

Dr. Newall has always been recognized nationally as an expert in the field of plastic surgery, but recently he has become quite the Houston celebrity. In February of this year, he was asked to appear on Univision's morning newscast and Viva la Manana to discuss the health risks of PIP breast implants. In April, he appeared again to talk about the benefits and effectiveness of laser hair reduction. Most recently, he was invited back to Viva la Manana on August 16 to promote Ultherapy and Latisse.

From patient safety to the latest in cosmetic procedures, Dr. Newall is trusted and respected among Houston's Spanish-speaking community. In the past year he has been featured on local television close to a dozen times, including a two part documentary that followed one of Dr. Newall's patients through her CoolSculpting experience.

It is safe to say that Dr. Newall is Univision's go-to doctor for all things cosmetic surgery. His proven skill and comprehensive knowledge of aesthetic plastic surgery keeps him at the top of the list among Houston doctors and surgeons.

## What's Inside ?

What shape are you?



Men Instinctively  
Attracted to an  
Hourglass?

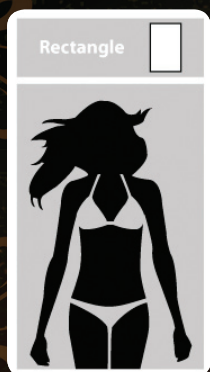




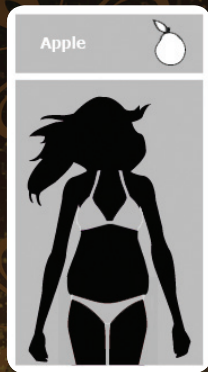
# What's Shape are You?

There are four traditional categories that we usually use to define body shapes; they are the rectangle, the apple, the pear and the hourglass.

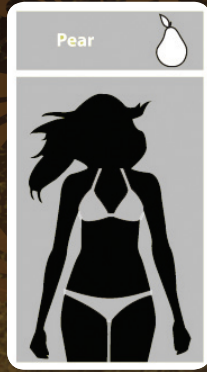
A study by Women's Magazine of over 6300 women, gives this breakdown of female body shapes:



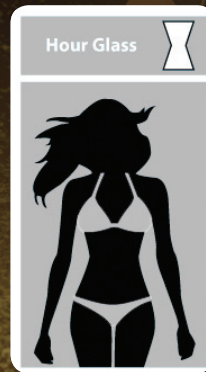
Rectangle - 46.12%



Apple - 13.83%



Pear - 20.92%



Hourglass - 8.4%



*The Hourglass figure is generally considered the ideal female shape, with a dramatically narrow waist that accentuates the hips, rear, shoulders and bust.*





## What can Dr. Newall do for You?

Dr. Newall specializes in Body Contouring through liposuction and fat grafting, or redistribution. For example, apple-shaped patients naturally store fat around the abdomen and have a hard time getting rid of their gut with diet and exercise. Dr. Newall can take belly fat and redistribute it to the hips and buttocks for a curvy, feminine shape.

Regardless of your shape, Dr. Newall knows that each patient is unique and has her own interpretation of beauty. For this reason, he offers free consultations to give patients a complete understanding of his personalized approach to body contouring. He and his patient coordinator, Patricia Escobar will work with you to create the perfect recipe for your body type.

## What Shape is Your Hiney?

Each body shape has a characteristic buttock shape that goes with it. Through liposculpting and fat grafting, Dr. Newall is able to redistribute fat and give patients their ideal buttock shape. In addition to shape, attractive derrieres are high and firm. You can find more information about Dr. Newall's Brazilian Butt Lift at [www.drnewall.com](http://www.drnewall.com) under the body contouring tab.

Butt Shape:			
			
SQUARE	"V"	ROUND	HEART



*Are Men Instinctively*

*Attracted to an Hourglass?*



Curves are making a comeback, as seen on AMC's series *Mad Men*. The hourglass figure is being celebrated and embraced once again, a refreshing change from stick thin runway models. And men are not complaining.

It comes as no surprise that a 2010 psychology study found that males are most attracted to the hourglass figure. The best part of this study is that it is not determined by a woman's size, but by her dramatic waist-to-hip ratio.

Psychologist Devendra Singh adds that "women with a 0.7 waist-to-hip ratio are healthier in general, have better cardiac health, better mental health, less complications during pregnancy, are less likely to die during labor, have less postpartum depression and their offspring experience a slightly higher IQ score."

So, the male is instinctively drawn to this shape for much more than just physical attraction. At a size 2 or 22, men are going to find the hourglass shape more attractive than any other shape.

## *Patient Testimonial*



**Antonio Hernandez,**  
News Anchor, Telemundo  
Patient of Dr. Newall

"I wanted to better my body and change my life. I wanted to look in the mirror and feel happy. I had a goal. I had a vision. Dr. Newall and his team became the bridge that made my dream come true.

I wanted a more athletic look. I wanted to get rid of extra weight in certain problem areas, but no matter how much I ran and how much I exercised the extra pounds would not go away. It was affecting my self confidence, my performance in my job and the happiness in my life.

Dr. Newall and his outstanding team MADE IT EASY. I am extremely happy with the results of my body sculpting procedure. Thank You Dr. Newall."

## 10 Reasons to have *Body Contouring*

by Dr. Newall

1. Your tummy hasn't been the same since having kids.
2. You've said, "I wish I could take the fat here and put it there."
3. You want your time at the gym to look like you've been to the gym.
4. You don't have the chest or butt to wear the clothes you want to wear.
5. You've seriously considered buying butt lifting or butt enhancing under garments.
6. You don't love your love handles.
7. You'd like to trade your gut for a butt.
8. You're so self-conscious about my body, you avoid letting your husband see you naked.
9. Gravity has taken a toll on your breasts and butt.
10. You avoid shopping because you don't want to know what size you are.



# ACPS

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713.799.9999

[www.mybeautifulbody.com](http://www.mybeautifulbody.com)

4400 Post Oak Parkway, Suite 2260 • Houston, TX 77027

## The Fall Full Recovery

Book a surgery with **Dr. Newall**  
in **September** and **October** receive:

- A series of 3 Fraxel laser scar treatments
- 1 scar therapy kit

Total value of **\$1395.<sup>00</sup>**

**Dr. Germán Newall MD, FACS, FICS**

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